

Professional Experience and Curriculum Vitae

How to Choose a Vacuum for Allergy Sufferers

Some people with allergic conditions find vacuum cleaners to be a nightmare. Though vacuums can help with house cleaning, many low-quality products can't effectively remove harmful particulates. Sometimes, they even spread them further in the house. In this case, being allergen-free is as important as having no visible dust left. But what is the Best Rated Vacuum Cleaners for allergy sufferers? You can start with some tips below.

HEPA Filters

This should be at the top of your priority list.

HEPA – which stands for High-Efficiency Particulate Air - is a new type of air filter that forces air to go through dense mesh, which traps small particles such as tobacco smoke. It often consists of two stages. The first layer (the larger one) stops bigger particles before the rest of the particles go to the second layer, which has glass fibers that deal with smaller particulates.

HEPA filters can do their job through a powerful and high-speed airstream, such as that of a vacuum cleaner. They prevent harmful particles from escaping through cracks by snagging them against the sides. In high-end models, as you can see from the best vacuum reviews, these filters can help remove 99.99% of particulates in the air. Vacuums with HEPA filters are usually more expensive but they are totally worth it.

Water Filters

Due to vacuum cleaner reviews or information, in which brands often boast about their products, HEPA filters are no longer unknown. We cannot say the same about water filters.

They are often available only on newer vacuum products, which can trap particles in water. Most models combine a water filter with a traditional HEPA filter to achieve the best possible results. Of course, they will cost you a little more but if you want fresh and allergen-free air, we totally recommend them.

Canister Models

Highly portable, canister vacuums are popular choices among homeowners who need to easily maneuver between their furniture. Bagless versions make the cleaning job even less daunting by removing the need to replace the bag, saving a lot of money in the long term.

However, for allergy sufferers, this convenience may create another issue related to hygiene.

When you empty the dirt bin, there is always a chance that some particles will escape back into the air, sometimes even creating a small dust cloud. That's why anyone with allergic conditions must be cautious about this.

Suction Power

This is the most obvious characteristic of a vacuum cleaner. With stronger suction power, you can pick up more dust and debris. This simple rule also applies to allergens. Therefore, make sure that you take a look at the most powerful machine first to increase

kerry hanneman

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