

# Harvey Ward

## Advertising

View the full portfolio at <http://www.thecreativefinder.com/harveyward>

### **Professional Experience and Curriculum Vitae**

Greetings to all the talented, hardworking souls that have chosen to reside in this wonderful virtual corner. My name is Harvey and I am happy to be here and discover other people's works of art. While gathering inspiration, I also hope to make social connections.

<https://www.behance.net/harveywardfc34>

### **Previous Clientele**

Please kindly get in touch for more information.

### **Awards and Accolades**

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15b Lloyd Road Singapore 239098 (co. reg. 201004398N)  
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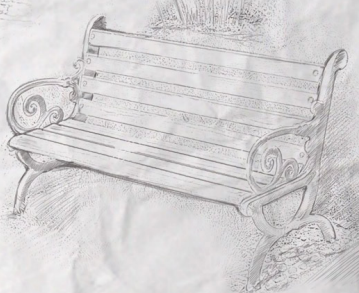
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*Spend the day*  
**IN LEWISHAM**


How to spend your day in the London Borough of Lewisham?  
First, grow some imagination and the day will immediately get going.  
If you need some help stirring that newfound inspiration  
to self-sufficiency, here are some ideas.




*Cafe of Good Hope*  
A brilliant way to start the day is with its most important meal. Have breakfast and coffee in the Cafe of Good Hope with its variety of selections of drinks, soups and other types of meal. Fill yourself with as much energy you need to start the day.




*Mountsfield Park*  
Then comes the time to walk off that newfound energy! Take stroll down the paths of Mountsfield Park, a small and family-friendly green space where you can frolic about or sit down and enjoy nature without a worry in the world.



*Horniman Museum*  
This museum is almost like the Natural History Museum, minus all the tourists, the size and the exhibition options. Okay, so it's smaller, but that doesn't necessarily mean worse. And it has musical instruments on display. And no, we don't talk about the name.




*Villa Moura*  
Mediterranean cuisine awaits you once you enter this little piece of dining heaven. Dinners here is what you should always look forward to as you will receive the best service and top notch meal options none of which you should pass out on.



*The Dacre Arms*  
And, finally, we get to the place where you should end the night in. The Dacre Arms offers you everything – great company (you can provide you own), great drinks, entertainment in the form of music or comedy, or pub quizzes in which to take part of. There is no boredom here and is the perfect way to say goodbye to the day.

Lewisham has plenty to offer if you set out and look for it. Make an effort, because it is worth it one hundred percent of the time.



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## SPORTING LIKE THE JOCKS IN CAMDEN

Just how big of a fan of exercises are you? And no, hopping your way to the restroom does not count, nor does the dash you make when the pizza delivery guy rings at the door. We are talking about real physical exercise, the kind that happens a bit more often than an annual sports event. If you are into that sort of things, then you should be aware of the best sport centres in Camden.

If not, we'll tell you about them anyway.



### Kentish Town Sports Centre

Fans of swimming beware. You will wet yourselves once you hear about this huge and amazing sports centre. Well, of course you will, but you should definitely visit it either way to enjoy a fun swim or train as a professional.

### The Armoury

This is basically gym heaven for all those who love spending hours upon hours of exercising. It has every type of gym training under the sun, and it has areas for kids and people with health problems run by Camden Council professionals.



### Central YMCA Club

This, friends, is where all the sports people reside. This is London's largest gym, housing every single sporting activity your imagination can handle – from dancing to swimming to personal training to sports to even classes unrelated to sports. Well, language courses have sport words, so that counts.



### Oasis Sports Centre

Swimming pools, gym, squash courts, sauna, group exercises, cafeteria. What, still not hooked? Aerobiking virtual spinning! How's that for a future shock you can enjoy? There are also therapeutic centres to recover from the shock in.



### Swiss Cottage Leisure Centre

This is the place where you can exercise, have fun, rest, have a cup of coffee while you are pretending to exercise, and even watch your kids play in the cool adventure playzone the centre offers.



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Outdoor activities in  
*Waltham Forest*

Waltham Forest is a fortunate borough to have a great number of open spaces with great diversity of tree trails, children's play areas and cycle race tracks. If you have decided to spend a day out in one of the parks of the area, you are sure to have a lot of fun times. Each of the following parks is worth a visit.



*Ridgeway Park*  
The park that Walt Disney himself visited in 1954 for the miniature railway that operates within the park. Hop on with your children to have some fun every Sunday afternoon during the summer season. If not for that, practice some tennis and table tennis, exercise with the fitness equipment or let your children have some fun in the play areas of the park.



*Lloyd Park*  
Restored in 2012, Lloyd Park is among the most scenic of the area. Tranquility and calmness await the visitor here. It is also a place where you can let your dog friend run loose, as it has dogs' off-lead areas that pet owners can take advantage of.



*Langthorne Park*  
A green award winner park, because of the high standards it has set in. The Langthorne Park is ideal in every single way. You can come here for a picnic, or to take a picture by one of the public art features in the area. There's a sports zone, featuring tennis wall, streetball court and gym equipment.



*Coronation Gardens*  
The park is unique in that it features interesting establishments. There's a maze that you can try to find your way in, beautiful ornamental gardens and fountain and pond area. One of the famous features of the park is a bandstand, often used by local groups. See just how fun it is to have a theatre, dance or music group perform in the great environment of the park.

Take some time off to unwind in any of the parks of Waltham Forest. You will feel refreshed and ready to take on the world again!

 **MOVING MAN** Infographic presented by: <http://movingman.co.uk/>

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## CITY OF WESTMINSTER'S *not so* HIDDEN TREASURES

When visiting the City of Westminster, you might wonder what to do there. Don't preoccupy your thoughts with too many suggestions. You have five options, you need to choose now, where do you go? Go! Still no answer? Okay, here are some suggestions that you might find helpful.



### Westminster Abbey

This wondrous architectural beauty proves that words like 'gothic' and 'church' can actually co-exist in a collocation. It is also called a 'Royal Peculiar'. No, it's actually not what you think.

### Cleopatra's Needle

What do London, New York, and Paris have in common? Well, that's not fair, you read the sub-title. But yes, this Washington Monument look-alike is an Ancient Egyptian obelisk taken and re-erected in the three cities. So...it is not Egyptian. And it is not connected to Cleopatra. But it does have a needle-shaped form!



### Buckingham Palace

And, of course, if you have ever wanted to visit the Queen's palace, then the City of Westminster is your destination. They even offer public access now, so you can actually go in and sniff the royal curtains.



### Churchill War Rooms

Do you want to see where Churchill made all his plans against the Germans in WWII? You have definitely come to the right place. You can also see a big museum about his life, if you want to get all personal about it.



### Royal Academy of Arts

If you ever wanted to see a massive structure housing hundreds of years of history and double the art exhibitions inside, then you are looking at the right place. Go to enjoy the visual arts at your own risk of getting swallowed up by inspiration.



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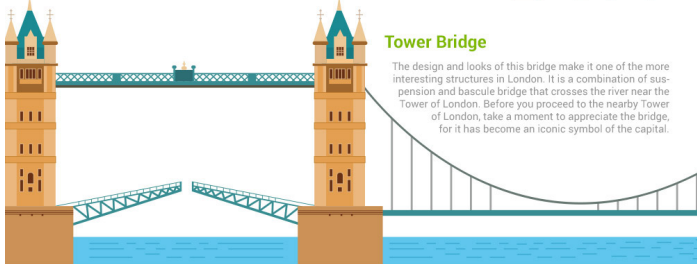
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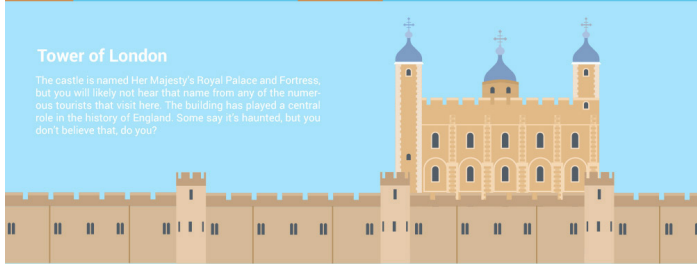
### DISCOVER SOME OF THE LOCAL LANDMARKS IN TOWER HAMLETS

Whether it is parks and open spaces, or a historical museum that you want to visit, you will find all of this and more within the London Borough of Tower Hamlets. The area is home to some of the most famous landmarks in Britain and must-see places in the capital. Here are few examples to spark your interest:



#### Tower Bridge

The design and looks of this bridge make it one of the more interesting structures in London. It is a combination of suspension and bascule bridge that crosses the river near the Tower of London. Before you proceed to the nearby 'Tower of London, take a moment to appreciate the bridge, for it has become an iconic symbol of the capital.



#### Tower of London

The castle is named Her Majesty's Royal Palace and Fortress, but you will likely not hear that name from any of the numerous tourists that visit here. The building has played a central role in the history of England. Some say it's haunted, but you don't believe that, do you?



#### Victoria Park

With lots of open space, playgrounds, sport facilities and cafes, this park is the perfect place to visit with your family or alone. The area has become home to a number of historic artifacts, as well as marvelous decorative gardens. If not to do some sports or a walk, pay a visit here for any of the festivals and concerts hosted throughout the year.



#### Museum of London Docklands

The museum houses a rich collection of models, pictures and artifacts. It features modern presentational techniques, bound to make your experience here truly pleasant and educational.

Tower Hamlets is a preferable destination for the one seeking some interesting landmarks. Do not miss to visit here.



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