

# Someone

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## **Professional Experience and Curriculum Vitae**

Dr Napolitano provides guidance and support in each session with effective results. Her approaches towards her clients are always effective in treating various problems like anxiety, worry, obsessive-compulsion disorder, perfectionism, depression and problems in emotion regulation. These sessions help individuals to change their usual pattern of thinking and emotional responding and saves them from distress.

Our Services are..

Tele Concierge Therapy

Teach Mindfulness Meditation

Individual Therapy

Strees Management Programs

Email Us: [intake@drlisanapolitano.com](mailto:intake@drlisanapolitano.com)

Call Us: (732)-654-6630

## **Previous Clientele**

Please kindly get in touch for more information.

## **Awards and Accolades**

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