

Paul Meyers

Graphic Design
United States

View the full portfolio at <http://www.thecreativefinder.com/cr8yellowhawk>

Professional Experience and Curriculum Vitae

I am an experienced graphic designer, having worked all angles of the trade: stripper; paste up artist; traffic manager; photographer's assistant; pre-press technician; production artist; designer; art director. I specialize in package design and production, and logo design.

Previous Clientele

AT&T, Ben & Jerry's, Black & Decker, Hershey Foods, Life Like Products, Martin Marietta, McCormick Spice, Medifast, Partners Imaging Centers, Philips Seafood, Procter & Gamble, WR Grace

Awards and Accolades

B.S. Visual Arts University of Maryland Baltimore County

Experience

Owner, creative director • PDM Design LLC
October 2013 - present

Senior Designer • Medifast Inc.
May 2005 - September 2013

Art Director for photoshoots,
collateral design, package design,
advertising design

Adobe CS5 InDesign, Illustrator, Photoshop

Senior Production Artist
Solo Cup Inc. Dec. 2003 - April 2005

Pre-press department preparing and
trapping art for printing. Assigned to premium
products, primarily printing offset.
Clients were mainly ice cream, sour cream and yogurt
manufacturers, such as Ben & Jerry's, Blue Bell, Breyers,
Dreyer's, Greens, Häagen Dazs...

Illustrator, Photoshop, Freehand

Graphic Designer • Harvey &
Daughters Inc. Sept, 1989 - Oct. 2003

Graphic designer for design firm, Clients
include Procter & Gamble, Black & Decker, McCormick, Hershey Foods...
136 Lloyd Road Singapore 239098 (co. reg. 201004398N)
helpdesk 656.227.2902, fax 656.227.0213

Illustrator, Photoshop, QuarkXpress
Art Director, Photographer's Assistant • Designers II

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4 I Became
After having a very successful career in my previous life, I was never able and would bring my kids to the park or to amusement parks. I was just uncomfortable and felt guilty for being "overweight" things. I read that the website had told the success stories of my friends, I was amazed and inspired. I wanted to do something my weight represented today, so much.

Lisa Brownell
 Lost 120 lbs.
 "I was a very successful career woman in my previous life, but I was never able and would bring my kids to the park or to amusement parks. I was just uncomfortable and felt guilty for being 'overweight' things. I read that the website had told the success stories of my friends, I was amazed and inspired. I wanted to do something my weight represented today, so much."

I researched Medifast, talked to my doctor, and decided to do what I loved. I felt better after just one week on Medifast! After the "week home" (Medi and my weight loss began) I had more energy. After just one month on Medifast, people were telling me all the time how great I looked! I was able to take my weight loss journey to the next level. I was healthy, I was confident in my body, and I was just one year after starting Medifast. I became

a New Woman!

**Join us and GET
 36 FREE MEALS
 and Free Shipping***
 Medifast.com/medifast120

Medifast Official Website
 Toll Free: 1-800-451-0000

Medifast
 Proven. Healthy. People Love.

[f](#) [t](#) [in](#)

If you've been squeezing by without health insurance, it's time to let yourself bloom and be **evergreen.**



“Putting a company's philosophy into action both behind the scenes and for the patients.”

Ryan Paragon
Small Business Owner

evergreen.
HEALTH

443.839.0555 f w

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